

# Former WWE Champion Bray Wyatt dies "unexpectedly"; the 36 year old was struggling with life-threatening illness

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World Wrestling Champion (WWE) champion Bray Wyatt died on Thursday, the [WWE](#) has announced. Popularly known as "The Fiend", his last televised performance was at the 2023 Royal Rumble.

## He was close to returning to the ring

The world champion had not competed since January and as per reports he was nearing a comeback to the ring. He said to be dealing with a life-threatening disease and was taking precautions to ensure long-term health.

He was improving significantly and was medically cleared to wrestle again, reports have said.

Condolences have started pouring in for the former WWE Champion. "The world lost a good one today. Bray Wyatt's story telling ability along with his unique creativity in the ring was a force that kept your eyes glued to the television screen. Windham Rotunda's fun-loving, free spirit paired with his infectious laugh is what I will truly miss the most. My thoughts and prayers go out to the Rotunda family. Rest well my friend," The Miz has tweeted.

## Cause of death

As per the article available on the WWE website, Bray Wyatt died "unexpectedly". The website did not mention the cause of the death. However, several media reports have said the reason to be heart attack. "WWE superstar Bray Wyatt has died at the age of 36 after reportedly suffering a heart attack," the Daily Mail reported citing Fightful.

"I was given permission to reveal that earlier this year Windham Rotunda (Bray Wyatt) got [COVID](#) exacerbated a heart issues. There was a lot of positive progress towards a return and his recovery. Unfortunately today he suffered a heart attack and passed away," Sean Ross Sapp tweeted on X.

[Walking just 4,000 steps daily can prevent heart attack and increase lifespan](#)

The 36-year-old is survived by his fiancée WWE ring announcer JoJo and their two children and ex-wife Samantha Rotunda and their two daughters.

## Heart attack cases on rise

Heart attack cases are rising among young adults. Many fatal cases are coming to the fore with people in their 30s and 40s passing away due to sudden heart attacks. As per the data available on the website of World Health Organisation (WHO), close to 18 million lives are lost every year due to several cardiovascular events out of which heart attack kills the most. More incidents are being reported after COVID pandemic; health experts are divided over whether COVID is causing heart problems or if it is the vaccine.

It is important to note the early signs of the disease and the risk factors that influence the condition early. The common signs of heart attack are pain or discomfort in the centre of the chest and/or pain or discomfort in the arms, the left shoulder, elbows, jaw, or back. Other signs like numbness of the face, arm, or leg, especially on one side of the body; confusion, difficulty speaking or understanding speech; difficulty seeing with one or both eyes; difficulty walking, dizziness and/or loss of balance or coordination; severe headache with no known cause; and/or fainting or unconsciousness are also seen during heart attack. Unhealthy diet, more salt consumption, less physical activity and stress are the common risk factors that are causing heart attacks in young adults these days.